



## Love & Intestine

Love & Intestine is an improvisation project  
Doing an improvisation session in every country of the world  
Anyone can join this session  
Anyone can do anything  
Anyone can do anything in anywhere  
Anyone can do anything in anywhere at anytime  
Anyone can do anything in anywhere at anytime for any hours  
It just has be living  
At least we are alive  
Everything is possible

## How we do ?

There is only one rule  
We put music in shuffle  
And someone do one solo while one music  
And next one do next solo while next music  
And so on and so on  
Others are watching on standing  
Not sitting not lying down  
This is the rule  
But at the same time we do not have to respect this rule  
So it is totally free





### **Where we do ?**

It is possible to do in anywhere  
In inside or in outside  
Theater, studio like normal  
Street, square like site specific  
Toilette, market like not normal

### **Who can join ?**

Anyone can join this session  
It does not have to be a dancer  
Actor, painter like other artist  
Bartender, carpenter like non artist  
Cat, dog like non human

## When we do ?

It is possible to do at anytime  
And for any hours  
It can be for 1 hour  
It can be for 24 hours  
Also for 1 week, for 1 month

## How it is possible ?

Because it is totally free  
So you can eat and sleep anytime  
You can go home and come back anytime  
It is also welcome to stay whole time  
And not eat not sleep whole time





### **Why we do ?**

Because I believe  
If we do something together with our body  
We can get close and become friend easily  
Even if we have deferent culture, language and race  
If every human do this together  
There would be no problem in this world  
That is why I am doing this in every country  
Because I love this world  
I love people  
And I love the earth through my intestine

## ismaera

Breatharian improviser  
Born in Okayama Japan  
Dancing from 1999  
Based in France from 2012  
Living still in 2083  
Wanting to live without eating  
Wanting to live without sleeping  
Wanting to live without working  
Wanting to live only with Love  
Was born for doing Love & Intestine

